



EYE TRACKING ACTIVITIES

1. When children are lying under the eye tracking ball, ensure they have regular breaks from tracking to avoid eye strain. Ask the children to close their eyes and visualise something. E.g. Close your eyes and imagine you are at the beach. Is the sand hot? Is the water warm or cold?
2. Ensure the children are lying in an eye tracking garage <https://www.tastechservices.co.nz/product/moving-smart-eye-tracking-garage/> and that there are no more than four children under the ball at one time.
3. Hang the ball so the ball sits at adult hip height from the ground.
4. The swing of the ball should be no wider than the width of an adult body.
5. Ensure the eye tracking station is clear of:
 - a. Sun shining in the window
 - b. Fluorescent lighting
 - c. Roof heaters
6. Ask children to hold their hands beside them. The first indication the children demonstrate when their eyes are under stress is when their hands will move toward the eyes to protect them.
7. Place stars or stickers on the bottom of the ball so children have something to focus on. Ask the children to count how many stars there are on the bottom of the ball.
8. If doing eye tracking with younger children, try using a bigger ball to start with and change to a smaller ball later.
9. Place stars or stickers on the bottom of the ball so children have something to focus on. Ask the children to count how many stars there are on the bottom of the ball.

Try These Activities:

1. Ping pong ball and straws
2. Roll ball on parachute
3. Balloon on parachute
4. Feathers – catch. Catch on hand, foot etc.
5. Bubbles – catch, clap, flick, jump on, poke
6. Scarves – follow direction of scarf when thrown and caught
7. Hang a balloon/ball from the door jam. Lie under it and kick. Start with stationary ball and then moving ball
8. Sit opposite, legs apart. Roll ball. Child stops ball by closing his legs
9. Roll ball and stop with different body parts – knee, hand, finger, head, nose etc
10. Pull around a rope and child jumps on rope
11. Move a torch on the floor. Jump on light. Follow the light.
12. Catch feathers in flight
13. Roll small ball and stop with cup as it is moving.
14. Throw ball at moving target like Swiss ball

